

<p>Walk-A-Thon</p> <p>Sponsored by Pearson Community Center</p>	<p>WT00</p>	<p>Men's and Women's</p>	<p>\$ 2.00 Per Entry</p>	<p>Friday, September 29th, 10:00 am</p> <p>Pearson Community Center 1625 West Carey Ave North Las Vegas, NV 89032</p> <p>Coordinator: Tom Groce thomasgroce@gmail.com 702-655-1180</p> <p>Approximately 1-1/2 mile course (1/2 hour walk). Suitable for all walkers.</p>
--	-------------	--------------------------	-------------------------------------	---

<p>Weightlifting/ Fitness</p> <p>Sponsored by Durango Hills YMCA</p>	<p>WF01 WF02 WF03 WF04 WF05 WF06</p>	<p>Bench Press Arm Curl Leg Press Push-ups Sit-ups Pull-ups</p>	<p>\$5.00 Each Event</p>	<p>Saturday, September 23rd : 1:00 pm – 4:00 pm Men's and Women's</p> <p>Location: Durango Hills YMCA 3521 North Durango Las Vegas NV 89129</p> <p>Coordinator: Jay Dash jaydash@rocketmail.com 310-497-1493</p> <p>(Weight divisions begin at 125 lbs in 10 lb increments)</p>
---	--	---	-------------------------------------	---