

<p style="text-align: center;">Track & Field Sponsored by UNLV</p>	<p>TF01- TF02- TF03- TF04- TF05- TF06- TF07- TF08- TF09- TF10- TF11- TF12- TF13- TF14- TF15- TF16- TF17- TF18- TF19- TF20- TF21- TF22- TF23- TF24- TF25- TF26- TF27- TF28- TF29-</p>	<p>Weight Pentathlon 5K Road Race Softball Throw Shot Put Hammer 110M Hurdles* 100M Hurdles* 80M Hurdles* 5K Race Walk High Jump 50M Dash Long Jump Discus 1500M Run 400M Run 100M Dash 1500M Race Walk 800M Run 200M Dash 300M Hurdles* 10K Road Race Javelin Standing Long Jump Pole Vault Triple Jump Weight Throw 400M Hurdles* 1500M Power Walk 5K Power Walk</p>	<p style="text-align: center;">\$ 10.00 Each Event</p>	<p>Friday, October 12th 7:00 am - Weight Pentathlon 10:00 am - Softball Throw</p> <p>Saturday, October 13th 7:00 am Shot Put, Discus 8:00 am - 5K Road Race 8:30 am 110M, 100M, 80M Hurdles* 9:00 am 5K Race Walk, Power Walk, High Jump 10:00 am 50M Dash, Triple Jump 10:30 am 1500M Run, Hammer 10:45 am 400M Run 11:15 am 100M Dash 11:45 am 1500M Race Walk, 1500M Power Walk 12:00 noon 800M Run 12:30 pm 200M Dash 1:00 pm 300M Hurdles* 1:30 pm 400M Hurdles*</p> <p>Sunday, October 14th 8:00 am 10K Road Race, Javelin 8:30 am Standing Long Jump, Pole Vault 10:30 am Long Jump 11:30 am Weight Throw</p> <p>Location: UNLV Track Coordinator: Martha Watson 702-290-5390</p> <p>For more specific times and for equipment information, see separate Order of Events sheet. Note: Times are subject to change. Note: Hurdles races are restricted to the following age/gender groups: 80M: Men 70+, All Women; 100M: Men 50-69; 110M: Men, 45-49; 300M: Men 60-79, Women 50-69; 400M: 45-49, Men and Women</p>
<p style="text-align: center;">Triathlon</p>	<p>TR01- TR02-</p>	<p>Women Men</p>	<p style="text-align: center;">No Event Fee</p>	<p>Saturday, September 29th</p> <p>5:30 a.m. – Transition opens, body marking 7:00 a.m. – Sprint waves start 8:30 a.m. – Swim cut-off 10:30 a.m. – Bike cut-off 12:00 noon – Run cut-off Awards after all top three finishers in each age group finish the race</p> <p>Boulder Beach, Lake Mead N.R.A.</p> <p>Coordinators: Bonnie Parrish-Kell, 702-373-5293 NSGtri@slowpokedivas.com Cedric Keppler Info@bbsctri.com</p> <p>See detailed information under Sport Information, this web site. Registration will be in conjunction with BBSC Endurance Sports. To qualify for the NSGA 2019 Games, triathlete must first register with NSG, then with BBSC. There will be registration fees for both organizations but reduced ones for BBSC upon showing proof of NSG registration which will be sent at time of NSG registration and will appear on your receipt.</p>