

<p>Walk-A-Thon</p> <p>Sponsored by Pearson Community Center</p>	WT00	Men's and Women's	<p>\$5.00 Per Entry</p>	<p>Friday, Sept. 25th, 10:00 am</p> <p>Pearson Community Center 1625 West Carey Ave North Las Vegas, NV 89032</p> <p>Coordinator: Tom Groce thomasgroce@gmail.com 702-655-1180</p> <p>Approximately 1-1/2 mile course (1/2 hour walk). Suitable for all walkers.</p>
<p>Weightlifting/ Fitness</p> <p>Sponsored by Game Changers Sports</p>	WF01 WF02 WF03 WF04 WF05 WF06	<p>Bench Press</p> <p>Arm Curl</p> <p>Leg Press</p> <p>Push-ups</p> <p>Sit-ups</p> <p>Pull-ups</p>	<p>\$5.00 Each Event</p>	<p>Saturday, Sept. 19th, 4:00 pm</p> <p>Men's and Women's</p> <p>Location: Game Changers Sports 6230 South Decatur Blvd, Suite 101 Las Vegas, NV 89118</p> <p>Coordinator: Jay Dash jaydash@rocketmail.com 310-497-1493</p> <p>(Weight divisions begin at 125 lbs in 10 lb increments)</p>

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