



# USATF Nevada Open/Masters Regional Championships

Saturday, May 25th, 2019



Webpage: <http://www.nevada.usatf.org/Events/USATF-Nevada-Open-Masters-Regional-Championships.aspx>

Venue: UNLV Myron Partridge Stadium / Sheila Tarr Track, 9 lane Beynon surface, 840 E Harmon Ave, Las Vegas, NV 89119

Eligibility: Currently registered Masters or Open Athletes of USATF, or of foreign WMA/IAAF T&F Body. Register Online <https://www.simplyregister.net/register/?e=116541> . Foreign Athletes please sign up through the form AND email me [logan.taylor46@gmail.com](mailto:logan.taylor46@gmail.com) to confirm your entry into the meet.

Competitive Groups: Per Event, Athletes choose and *live with* **EITHER** Open (14+) **OR** Masters (30+ in 5yr age/sex groups, to qualify for MTF Medals)

Only-only Registration: \$10 per event, plus add'l \$1.50 + 6% registration fee by 11:59pm May 20th.

Registration: <https://www.simplyregister.net/register/?e=116541>

Entry Status: <https://www.simplyregister.net/status/?e=116541>

NO MEET DAY REGISTRATION

Check-In: Athletes must check in at clerk >30min before your event

Implements: Athletes must bring their own throwing implements & PV Poles

Certification: 7:45am to 1pm at the Track Shed

Results & Awards: Results at the Awards Table and Meet Website. 1st, 2nd, 3rd medals in each Masters age/sex group.

Records: Athletes attempting Records should inform Meet Management before the meet & bring all forms (incl Birth certificate)

Contacts:

|                 |   |                |
|-----------------|---|----------------|
| Meet Directors: | Logan Taylor <a href="mailto:logan.taylor46@gmail.com">logan.taylor46@gmail.com</a> | (480) 395-3492 |
|                 | Martha Watson   | (702) 290-5390 |
| MTF Chair       | Martha Watson   |                |
| Open Men        | Logan Taylor  |                |
| Open Women      | H. Lance Miller   |                |



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**RUNNING EVENTS:** Athletes must check-in at the clerk 30 minutes before race **TIMES ARE APPROXIMATE**

In lane-races, an athlete arriving late *might be turned away*, and *shall not* replace any athlete already assigned a lane. Competitors may be sub-divided by the clerk to appropriate lanes & flights based on sex & age

| Time     | Event               | Category           | height" | 1st H (m) | between     |
|----------|---------------------|--------------------|---------|-----------|-------------|
| 8:00 am  | 5000m Run           |                    |         |           |             |
| 9:00     | 1500m               |                    |         |           |             |
| 9:40     | 100m                | M 30-80+, W 30-80+ |         |           |             |
|          | 100m Prelim         | M Open, W Open     |         |           |             |
| 10:10    | 110m Hurdles Prelim | M Open             | 42      | 13.72     | 9.14        |
|          | 110m Hurdles        | M 30-49            | 39      | 13.72     | 9.14        |
|          | 100m Hurdles        | M 50-59            | 36      | 13        | 8.5         |
|          | 100m Hurdles Prelim | W Open-39          | 33      | 13        | 8.5         |
|          | 100m Hurdles        | M 60-69            | 33      | 12        | 8           |
|          | 80m Hurdles         | W 40-49            | 30      | 12        | 8           |
|          |                     | M 70-79, W 50-59   | 30      | 12        | 7           |
|          |                     | M 80+, W 60+       | 27*     | 12        | 7           |
| 10:50    | 400m                |                    |         |           |             |
| 11:40    | 100m Finals         | M Open, W Open     |         |           |             |
| 12:10 pm | 110m Hurdles Final  | M Open             |         |           |             |
|          | 100m Hurdles Final  | W Open             |         |           |             |
| 12:30    | 800m                |                    | height" | 1st H (m) | between (m) |
| 12:50    | 400m Hurdles        | M Open-49          | 36      | 45        | 35          |
|          |                     | M 50-59            | 33      | 45        | 35          |
|          |                     | W Open-49          | 30      | 45        | 35          |
|          | 300m Hurdles        | M 60-69, W 50-59   | 30      | 50        | 35          |
|          |                     | M 70-79, W 60-69   | 27*     | 50        | 35          |
|          | 200m Hurdles        | M 80+, W 70+       | 27*     | 20        | 35          |
| 1:30     | 200m                |                    |         |           |             |

**FIELD EVENTS:** Athletes Must check-in 20 minutes before event, at event site

|          | Horizontal JUMPS  | Vertical JUMPS | THROWS CAGE | JAVELIN         | SHOTPUT        |                |
|----------|-------------------|----------------|-------------|-----------------|----------------|----------------|
| 8:00 AM  | Long Jump**       | PV             | HJ          | Hammer Open-49  | Shot put 50-69 |                |
| 8:30 AM  |                   |                |             | Hammer 50+      |                |                |
| 9:00 AM  |                   |                |             | Hammer Final    |                |                |
| 9:30 AM  | Long Jump Final   |                |             | Javelin 50+     | Shot Put 70+   |                |
| 10:00 AM |                   |                |             | Javelin Open-49 | Shot Put Open  |                |
| 10:30 AM |                   |                |             | Shot Put 30-49  |                |                |
| 11:00 AM | Triple Jump**     |                | Discus 50+  |                 |                |                |
| 11:30 AM |                   |                |             |                 |                | Discus Open-49 |
| 12:00 PM |                   |                |             |                 |                | Discus Final   |
| 12:30 PM | Triple Jump Final |                |             |                 |                |                |
| 1:00 PM  |                   |                |             |                 |                |                |
| 1:30 PM  |                   |                |             |                 |                |                |
| 2:00 PM  |                   |                |             |                 |                |                |
| 2:30 PM  |                   |                |             |                 |                |                |
| 3:00 PM  |                   |                |             |                 |                |                |
| 3:30 PM  |                   |                |             |                 |                |                |